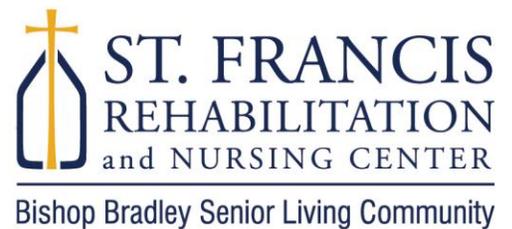


St. Francis Rehabilitation and Nursing Center
Bishop Bradley Senior Living Community
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stfrancisrehabcenter.org



March 12, 2021

Dear Residents, Family Members and Employees,

I am writing to give you an update on things here at St. Francis. We have had another good week this week. The residents continue to enjoy getting out of their rooms, enjoying some communal activities and communal dining. Some of the activities that have been offered this week include exercise, Bingo and a variety of games. We are also offering stations of the cross. We have gotten some residents outdoors as well as the weather is getting warmer. This has been done under our guidelines of socially distancing and wearing masks. We continue in Phase 1 according to the public health guidelines.

Residents have been enjoying having visits with their families this past week. The positivity rate continues to go down in Belknap County. These visits are supervised, indoors and socially distanced. We are also offering compassionate care visits to family members as well. We are offering testing for visitors with a rapid test and encouraging them to do this although they are not mandatory. You will want to arrive 15 minutes earlier than your scheduled appointment to receive your rapid test. This is a simple test that just involves swabbing the nose. You may reach Nicole at extension 301 to schedule a visit with your loved one. You will be required to answer some prescreening questions ahead of time and again at the time of the visit. We are so happy to be offering this to you all. Please continue to reach out to Tasha at ext. 313 to set up electronic or window visits as well.

We are now testing employees once weekly. The tests have come back this week and they are all negative for Covid-19. We continue to follow the guidelines for NH Public Health Department and Catholic Charities New Hampshire. All employees continue to wear N95 masks, face shields or goggles.

We also wanted to make you aware of our Face Book page. You can look up St. Francis Rehabilitation and Nursing Center on Face book. We would appreciate you visiting this page regularly for information and posts of what is happening. We intend to use this page more often moving forward.

I want to make you all aware of some support groups that are available for individuals through Catholic Charities. The way we work may be different than "normal times," but our commitment to providing hope and healing for our families in need remains constant. Catholic Charities New Hampshire is offering free, open to the public, support groups for individuals. Catholic Charities is currently offering two, zoom group sessions. You can find more information and how to register on our Catholic Charities New Hampshire website under, 'Media Center' and then 'Events.' The two Zoom sessions are: "Coping With Covid" (5 weekly sessions) and "Bereavement – Experiencing loss, Being lost and Finding your way Again" (6 weekly sessions). If you are looking to speak with someone for further information, please contact Louise Morneau at 603-752-1325

I also want to remind you that we are prohibiting any non-essential items to come in to the residents as we know that the virus can live on objects for a short period of time and do not want to take the chance that it could be spread in this way. All laundry will be done by our laundry staff here. If there is an essential item that you would like to bring for your loved one it needs to be in a sealed container that

we can disinfect and leave in our entry way for a period of time before bringing in the facility. We are accepting floral deliveries. We will be cleaning and wiping down the vases.

I would like to remind you to please continue to wear your masks when you are in public, practice social distancing when you go out. This is so important for your own safety as well as the safety of your family. We need to be the examples for others. Thank you very much.

While we know this is an incredibly challenging time for you and your family, please be assured that we remain committed to the care and support of your loved one here at St. Francis. Their safety, health and well-being remain our firm commitment.

We will continue to keep you updated as time goes on.

God bless,

Brenda Buttrick RN, LNHA
Administrator