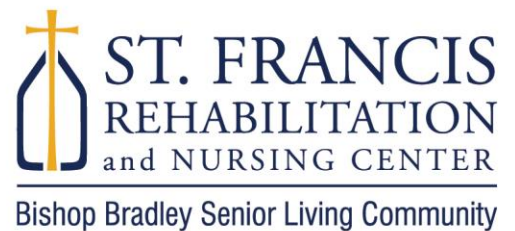


St. Francis Rehabilitation and Nursing Center  
Bishop Bradley Senior Living Community  
406 Court Street  
Laconia, NH 03246  
T: 603-524-0466  
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stfrancisrehabcenter.org



October 1, 2021

Dear Residents, Tenants, Family Members and Employees,

I am writing to you to give you an update on things that are happening at St. Francis. We have had a good week. We continue to be open for scheduled visits, communal dining and communal activities. We are planning to do some outings in our bus over the next couple of weeks.

All employees are required to wear masks and eye wear. This is due to the substantial transmission that is in the community.

As part of our screening process visitors will be asked if they have been vaccinated. They are not required to provide proof of the vaccine. Vaccinated visitors and vaccinated residents may visit without masks and may be in close contact with one another. If you would like, we would be happy to give you a rapid covid test prior to your visit with your loved one. It only takes 15 minutes and it can give you reassurance that you are not bringing the virus to your loved one without knowing it. Masks are still required in the hallways to and from rooms or the front living room where most visits will continue to take place. In any instance where both vaccinated and unvaccinated staff, residents, or visitors are present, all those present must wear masks and those that are not vaccinated must socially distance from one another. Compassionate care visits in residents' rooms will continue as they have been. **It is important that you schedule visits at least 24 hours in advance. We are still required to do the prescreening per CMS and the NH Public Health guidelines.** Please continue to call Diane to schedule your visits at ext. 300.

Residents who have their meals in the dining rooms and participate in group activities are not required to wear masks if everyone in the room is fully vaccinated. Social distancing will no longer be required as well. If any resident or employee in the room is not vaccinated then everyone in the room will be required to put on their masks and those who are not vaccinated must socially distance from the others. Residents and staff members will still be required to wear their masks in the hallways.

Residents are permitted to go on car rides with family members and visit in family members' homes. The guidance around this is that the residents and family members should be vaccinated. We ask that you call 24 hours in advance for prescreening questions and be screened prior to taking your loved one out. We are discouraging going out to restaurants with residents at this time. We can also accommodate guests who would like to have a meal with their loved ones as long as they are fully vaccinated. We cannot have guests eat in our main dining room yet but we can provide a private area where they can dine with their loved one.

We wanted to let you know that volunteers are now able to come in. They are required to be fully vaccinated. If you or someone you know is interested in becoming a volunteer at St. Francis please call Alex at ext. 338. We would love to have more volunteers to visit with residents, help take residents outside to enjoy the beautiful weather or help residents to attend more of the activities that are offered.

We also want to remind family members that when they bring in snacks/food for their loved one it should be in a container or bag that can be sealed to keep the food fresh and sanitary.

We are excited about our upcoming event in honor of St. Francis feast day. We will be holding a ceremony for the blessings of the animals. It is scheduled to be held on October 11 at 11:30 am. If you are interested in bringing a pet to this ceremony please contact Alex Cave at ext. 338. Masks and social distancing will be required. This event will be held outside and will be conducted by Father Dick Thompson. All dogs must be on non-retractable leashes and other animals must be kept in a carrier. In case of rain we have a rain date of October 20 at 11:30 am.

While we know this is an incredibly challenging time for you and your family, please be assured that we remain committed to the care and support of your loved one here at St. Francis. Their safety, health and well-being remain our firm commitment.

We will continue to keep you updated as time goes on.

God bless,

Brenda Buttrick RN, LNHA  
Administrator

SPRING/SUMMER      WEEK 3

Breakfast	Lunch	Dinner
<b>Sunday 10/3</b>		
<b>Assorted Juices</b> <b>Hot or Cold cereal</b> <b>French Toast w/ Syrup</b> <b>Bacon or Sausage</b> <b>Alt- Scramble or Fried Egg</b>	<b>Oven Roasted Turkey</b> <b>Stuffing &amp; Gravy</b> <b>Cranberry Sauce</b> <b>Mashed Potatoes</b> <b>Butternut Squash</b> <b>Apple Pie</b>	<b>Tomato Soup</b> <b>Grilled Cheese Sandwich</b> <b>Lettuce w/ Sliced Tomato</b>  <b>Diced Pears</b>
<b>Monday 10/4</b>		
<b>Assorted Juices</b> <b>Hot or Cold Cereal</b> <b>Scrambled Eggs / Toast</b> <b>Bacon or Sausage</b> <b>Fruit Cup</b> <b>Alt- Waffle w/ Syrup</b>	<b>Beer Battered Cod Filets</b> <b>French Fries</b> <b>Cole Slaw</b>  <b>Tapioca Pudding</b>	<b>Chef's Salad</b> <b>Dinner Roll</b>   <b>Apple Turnover</b>
<b>Tuesday 10/5</b>		
<b>Assorted Juices</b> <b>Hot or Cold Cereal</b> <b>Pancakes w/ Syrup</b> <b>Bacon or Sausage</b> <b>Fruit Cup</b> <b>Alt-Scramble or Fried Egg</b>	<b>Sweet &amp; Sour Chicken</b> <b>Fried Rice</b> <b>Sugar Snap Peas</b>  <b>Frosted Cake</b>	<b>Bacon Cheeseburger Casserole</b>  <b>Potato Salad</b> <b>Pickle Spear</b> <b>Sherbet</b>
<b>Wednesday 10/6</b>		
<b>Assorted Juices</b> <b>Hot or cold cereal</b> <b>Cheese Omelette w/Toast</b> <b>Bacon or Sausage</b> <b>Fruit Cup</b> <b>Alt-Scramble or Fried Egg</b>	<b>Marinated Sliced Steak</b> <b>Mashed Potatoes</b> <b>Buttered Carrots</b>  <b>Angel Food Cake</b> <b>With Strawberries</b>	<b>Vegetable Soup</b> <b>Chicken Salad Sandwich</b> <b>Lettuce &amp; Tomato</b> <b>Potato Chips</b>  <b>Cookie of the Day</b>
<b>Thursday 10/7</b>		
<b>Assorted Juices</b> <b>Hot or Cold Cereal</b> <b>Waffle w/ Syrup</b> <b>Bacon or Sausage</b> <b>Fruit Cup</b> <b>Alt-Scramble or Fried Egg</b>	<b>Apple Cream</b> <b>Chicken Sausage</b> <b>Over Spaghetti</b> <b>Tossed Salad</b>  <b>Dessert Bar</b>	<b>Ham &amp; Cheese Croissant</b> <b>Tater Tots</b> <b>Cucumber Salad</b>  <b>Assorted Ice Cream</b>
<b>Friday 10/8</b>		
<b>Assorted Juices</b> <b>Hot or Cold Cereal</b> <b>Scrambled Eggs w/ Toast</b> <b>Bacon or Sausage</b>  <b>Alt- Pancake w/ Syrup</b>	<b>Seafood Stuffed Haddock</b> <b>Scalloped Potatoes</b> <b>Buttered Broccoli</b>  <b>Pie of the Day</b>	<b>Corn Chowder</b> <b>Tuna Roll</b> <b>Pickled Beets</b> <b>Potato Chips</b>  <b>Fresh Fruit Cup</b>
<b>Saturday 10/9</b>		
<b>Assorted Juices</b> <b>Hot or cold Cereal</b> <b>Egg &amp; Sausage Sandwich</b> <b>On Croissant</b> <b>Fruit Cup</b> <b>Alt- Scramble</b>	<b>Hot Dog or Hamburger</b> <b>Baked Beans</b> <b>Cole Slaw</b>  <b>Chocolate Pudding</b> <b>w/Topping</b>	<b>Chicken Pot Pie</b> <b>Biscuit Crust</b> <b>Cranberry Sauce</b>  <b>Pineapple Upside Down</b> <b>Cake</b>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021



10:30 St. Andre Bessette Livestream 2:00 Farkle	10:00 Morning Mix 1:30 Tic Tac Toe Toss 3:00 Spiritual Time with Maddie 4:00 Sunshine Group 6:00 Fireside Chat with Lucien	10:30 Morning Mix 2:00 Who/What Am I? 4:00 Sunshine Group 6:00 Movie Time!	10:00 Morning Mix 2:00 Music with the Melody Makers 4:00 Sunshine Group 6:00 Movie Time!	10:30 Morning Mix 2:00 Bingo 4:00 Sunshine Group 6:00 Evening with Brianna	10:30 Morning Trivia 2:00 A Taste of South Korea 4:00 Sunshine Group 6:00 Evening with Brianna	10:00 Morning Mix 1:30 Music with Bill Parker
10:30 St. Andre Bessette Livestream 2:00 Farkle	10:00 Morning Mix 1:30 Tic Tac Toe Toss 3:00 Spiritual Time with Maddie 4:00 Sunshine Group 6:00 Fireside Chat with Lucien	10:30 Morning Mix 2:00 Who/What Am I? 4:00 Sunshine Group 6:00 Movie Time!	10:00 Morning Mix 2:00 Music with the Melody Makers 4:00 Sunshine Group 6:00 Movie Time!	10:30 Morning Mix 2:00 Bingo 4:00 Sunshine Group 6:00 Evening with Brianna	10:30 Morning Mix 2:00 Apple Tasting & Apple Cider 4:00 Sunshine Group 6:00 Evening with Brianna	10:00 Morning Mix 2:00 Card Game: Uno
10:00 St. Andre Bessette Livestream 2:00 Jazz Music with David	10:00 Rosary and Mass with Father Dick 11:30 Blessing of the Animals 1:30 Learn About Columbus Day 3:00 Name That Tune 6:00 Fireside Chat with Lucien Indigenous Peoples' Day (formerly Columbus Day)	10:30 Communion Mass with Ron Keyes 2:00 Halloween Sign Craft 4:00 Sunshine Group 6:00 Movie Time!	10:00 Morning Mix 2:00 Music with Richard Araldi 3:00 Spiritual Time with Maddie 4:00 Sunshine Group 6:00 Movie Time!	10:30 Communion Mass with Ron Keyes 2:00 Bingo 4:00 Sunshine Group 6:00 Evening with Brianna	10:30 Morning Mix 2:00 A Taste of Taiwan 4:00 Sunshine Group 6:00 Evening with Brianna	10:00 Morning Mix 2:00 Word Games
10:00 St. Andre Bessette Livestream 2:00 Yahtzee!	10:00 Morning Mix 1:30 Halloween Painting 3:00 Spiritual Time with Maddie 4:00 Sunshine Group 6:00 Fireside Chat with Lucien	10:30 Communion Mass with Ron Keyes 2:00 Halloween Wreaths 4:00 Sunshine Group 6:00 Movie Time!	10:00 Rosary and Mass with Father Dick 1:30 Fall Foliage Ride 4:00 Sunshine Group 6:00 Movie Time!	10:30 10:30 Communion Mass with Ron Keyes 1:30 Fall Foliage Ride 4:00 Sunshine Group 6:00 Evening with Brianna	10:30 Morning Mix 2:00 Oktoberfest Celebration	10:00 Morning Mix 2:00 Jack O' Lantern Memory Game
10:00 St. Andre Bessette Livestream 2:00 Card Game: Slapjack	10:00 Morning Mix 1:30 The Write Word Game: Halloween Edition 3:00 Spiritual Time with Maddie 6:00 Fireside Chat with Lucien	10:30 Communion Mass with Ron Keyes 2:00 Halloween Jewelry Making 4:00 Sunshine Group 6:00 Movie Time!	10:00 Rosary and Mass with Father Dick 2:00 Aromatherapy and Adult Coloring: Halloween Edition! 4:00 Sunshine Group 6:00 Movie Time!	10:30 Communion Mass with Ron Keyes 2:00 Bingo 4:00 Sunshine Group 6:00 Evening with Brianna	10:30 Morning Mix 2:00 Halloween Trivia and Games 4:00 Sunshine Group 6:00 Evening with Brianna	10:00 Morning Mix 2:00 Music with Cameron and Mary

10:00 St. Andre Bessette Livestream  
Afternoon : Window Trick or Treating!  
Halloween

